

Report copied from the NASCH Yearbook 2010

The Tadpoles teachers' course attended by 20 helpers in 2009 was featured in the NASCH Yearbook. This course was part of the teacher and helper training generously sponsored by a Grassroots Grant from Sussex Community Foundation during 2009

National Association
of Swimming Clubs
for the Handicapped



NASCH YEARBOOK 2010

Incorporating the NASCH Reports for 2009



Trophy table at the NASCH Championships

Printing of colour photograph on cover donated by Farleys Printers Ltd.

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supported us and

for 2010. This is

those who have

and being able to continue the

Rosemary O'Leary

TECHNICAL ADVISOR

Mary Farrington reported that during 2009 she successfully ran 2 NASCH Helper Courses. The first one was at the newly formed Dolphins, Leamington Spa and the second one in September was at East Grinstead Tadpole Swimming Club.

Both of these courses were composed of club members, pool management staff and swimming teachers. In both of these courses there was a good mix of experience, knowledge and skills producing very good input from the groups.



• Here are some photographs showing members participating in activities both in the pool and in the room.



HELPER AWARD for TEACHING DISABLED PEOPLE to SWIM

The course is designed to give a basic knowledge of many types of disabilities, how to handle people with disabilities and how to assist them in the club situation both in the water and on the poolside, in a safe and effective manner.

Candidates do not need any previous experience, although it would be helpful if a basic understanding of different disabilities were known and also some experience of working in the club environment would be desirable.

The course lasts for one day and has theory and practical sessions in the pool. For those wishing to take an examination at the end of the course a certificate and cloth badge will be awarded to successful candidates.

There are no pre-requisites but candidates must be over 14 years of age.

The examination is conducted orally in a group in order to save time and course members can often benefit from the knowledge that others can impart. If you wish to be examined individually this may not be possible on the day and will probably have to take place on an alternative date. If you have any objections to being examined in a group please let the course tutor know at the commencement of the course so that alternative arrangements can be made.

The cost of the one day course for NASCH affiliated clubs is £300.00 per course.

All courses are run locally so they can be tailored to meet specific needs. If you would like a course in your area or would like further information please contact:-

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